
Announcements

March 8, 2020

During Andrew's absence, please contact Rev. Robert Porter for any pastoral needs. 613 406 4427 fr.robert.porter@gmail.com

Contemplative Prayer Group

Need a break from the noise around you? A quiet moment to empty yourself and connect with God? We have begun a contemplative prayer group which meets Monday mornings at Holy Trinity, at 10am. We begin with a short prayer, and then enter into 20 minutes of silence together. For more info., please talk to Nancy Johnston

Lenten Study - we will be having a Lenten study on the book **Saying Yes to Life** by Ruth Valerio, a theologian and environmental activist. Ruth Valerio imaginatively draws on the Days of Creation (Genesis 1) as she relates themes of light, water, land, the seasons, other creatures, humankind, Sabbath rest and resurrection hope to matters of environmental, ethical and social concern. **Starting March 12th 7pm.** If you are interested in joining this study group more information can be obtained by calling Keith 613-269-2150.

Meals on Wheels– A few people have been preparing and delivering meals to Andrew and Thomas every Wednesday for the past 4 weeks. He was asked if this would be helpful and he is grateful for them. He says he and Thomas have come to look on Wednesdays as Christmas. We would like to continue this simple practice of caring and wonder if there are others in the congregation who would like to participate? For more info and details talk to Lois Driscoll, or Nancy Johnston.



From the Bishop's office

DIOCESE OF ONTARIO
The Anglican Church of Canada

Dear Brothers and Sisters in Christ,

I am writing today to discuss the diocesan protocol utilized when we face situations where the risk of infectious disease transmission is in a particularly elevated state. The current COVID-19 (Corona) virus spread has raised these concerns.

The following recommendations are to be utilized across the diocese during this time.

- Parishes should make hand sanitizer available throughout the church for parishioners to use.
- Clergy and communion assistants should wash their hands both before and after worship as well as sanitize their hands before administering communion.
- Clergy and pastoral care workers should take all precautions in personal hygiene before and after pastoral visits in hospital and homes.
- Parishioners who are ill, or suspect they may be, should be encouraged to stay at home to recover and to request a pastoral visit if desired.
- **Congregations should adopt a contact-free Exchange of the Peace, with a smile, brief word or slight bow to those nearby.**
- Clergy should greet parishioners at the end of services without physical contact.
- **While the use of the common cup is not prohibited at this time, parishioners who choose not to receive are requested to cross their arms over their chest as the cup passes.** Administrators of the chalice are asked to continue using the words of administration for which the communicant may respond "Amen" in giving thanks for the shed blood of Christ on our behalf. **The practice of intinction continues to be prohibited in the Diocese of Ontario.**
- Clergy are asked to review the use of the purificators with their chalice administrators to ensure good hygiene practise is being

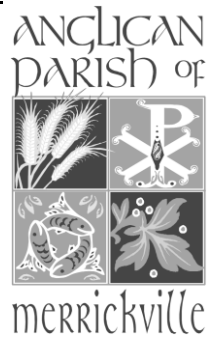
observed, and further ensure that purificators are changed during the administration of communion should they become overly soiled. Thank you for your attention to these protocols, many of which continued to be observed throughout the diocese following the SARS outbreak a number of years ago. We continue to hold in prayer all those dealing with the current spread of COVID-19, those infected, their families and caregivers as well as those who serve on the front line of health care response both here and around the world. May the healing and comforting presence of the Spirit be with them.

Yours in Christ's Service,

A handwritten signature in blue ink, appearing to read "Michael", with a decorative flourish extending to the right.

Bishop Michael





Incumbent

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Associate Priest

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Are you receiving our weekly emails? Don't miss out on the updates, information, service times, and some comic relief. Please fill out below and give to Andrew.

Name:

Email: